



Satyananda
Yoga North

Summer School July and August 2010

- Venue:** Laycock Village Hall
Laycock Lane
Laycock
Keighley BD22 0PH
- Time:** 7 pm to 9 pm
class begins at 7.30 pm
- Cost:** £7 per class
booking optional
- Dates:** Thursday 29 July
Thursday 5, 12, 19, 26 August

Each class will be taught by a different teacher (all trained in the tradition of Satyananda Yoga), and it will be suitable for mixed abilities. Please bring a mat and a blanket, and cushion/blocks for sitting. There will also be a stall selling yoga books and C.D.'s etc.

Please complete booking form below and return to:

Sue Little /Vimuktananda
Moorcroft, Moorland Terrace
Keighley, BD21 4SS

For further information: **Tel.** 01535 609488

Email: vimuktananda@phoncoop.coop

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Name _____

Address _____

Tel _____ **Email** _____

Dates booked (tick boxes below):
_____sessions for which I enclose £_____

Cheques payable to: '**Satyananda Yoga North**'

29 July	5 Aug	12 Aug	19 Aug	26 Aug

I do/do not require directions (delete as applicable)